

NEWSLETTER

Roadmap for Cardiff NHS Retirement Fellowship

The last time we met as a Branch was March 2020. The Welsh & English governments have outlined their road map(s) and it would be worthwhile to make you aware of what is happening at branch level.

Meetings

If you remember (?) we normally meet the first Wednesday of each month at St Brigid's Hall, Crystal Glen, Llanishen, from 2 – 4pm.

I have written to St Brigid's confirming our desire to continue to use the hall when it is deemed safe to do so. The reply I received stated that "they" would certainly like to welcome us back *at some point*.

The hall is currently not in use.

At this stage they have not mentioned any safe practices that would be needed to be put in place.

It was suggested that contact would be made at the end of July with a view to our being able to recommence meetings on Wednesday 1st September – *to be confirmed*.

In the absence of vaccine passports there will be an assumption that all of our members in attendance will have been fully vaccinated.

Members should only attend if they are free from well documented early Covid symptoms which hopefully would have been the case previously with Flu, Common cold, etc.

Outings

Regular coach trips are usually held as part of the Branch Events programme.

I have written to both Creigiau and Mainline Coach Hire, two companies that we have used in the recent past.

Their replies have been very similar; both companies have followed the current COVID-19 guidelines, risk assessments in place and processes to maintain cleanliness and social distancing. Currently they have adjusted passenger capacity e.g. 49 seat coaches would only seat 22 passengers. From September it is their understanding that there will no longer be any nationwide social distancing measures or restrictions in place. Even now there are no seating restrictions on planes, trains or buses. "We would always aim to meet specific client requirements to make those travelling feel comfortable and safe"

As a branch we value your committed support and we will do all we can to ensure that we continue to offer a varied level of "activities" in return for your membership.

Results of Membership Renewal Raffle

1 st Prize	Sian Evans	Bottle of wine
2 nd Prize	Anne Rogers	Box of Chocolates
3 rd Prize	Yvonne Kolb	Bouquet of Flowers

Many thanks to those who renewed their membership by the end of April and were able to partake in the draw.

Norman



**This is a very clever merging of opening lines from many famous poems!
How many poems can you identify?**

*I won't arise and go now, and go to Innisfree,
I'll sanitize the doorknob and make a cup of tea.
I won't go down to the sea again; I won't go out at all
I'll wander lonely as a cloud from the kitchen to the hall.
There's a green-eyed yellow monster to the north of Kathmandu
But I shan't be seeing him just yet and nor, I think, will you.
While the dawn comes up like thunder on the road to Mandalay
I'll make my bit of supper and eat it off a tray.
I shan't speed my bonnie boat across the sea to Skye
Or take the rolling English road from Birmingham to Rye.
About the woodland, just right now, I am not free to go
To see the Keep Out posters or the cherry hung with snow,
And no, I won't be travelling much, within the realms of gold,
Or get me to Milford Haven. All that's been put on hold.
Give me your hands I shan't request, albeit we are friends
Nor come within a mile of you, until this trial ends.*

Compiled and arranged by *Sian Evans*